

CASH 2025-26

		Year 7					Year 8					Year 9					Year 10					Year 11				
Term	wk																									
1	1	Student Training Day																								
	2	Friendship and Empathy	What are the attitudes towards drugs?					What is long term commitment?					What is resilience?					RSHE: Do most teenagers know what Enthusiastic Consent is?								
	3	Bullying and Bystanders	What does it say about drugs in the law?					Why do people get married?					What are social pressures?					RSHE: Do most teenagers in relationships respect each other?								
	4	Friendship Challenges	How do alcohol and cannabis affect you?					What makes a good parent?					How can I manage my studies?					RSHE: Can most teenagers cope ok when a relationship ends?								
	5	Peer Influence	How can I manage people trying to influence me?					What is an unhealthy relationship?					How can I recognise mental ill health?					Citizenship: Should the UK be called a democracy? Part 1								
	6	Safeguarding					Safeguarding					Safeguarding					Safeguarding					Safeguarding				
	7	What is the difference between a healthy and an unhealthy lifestyle?	How can I help people with allergies?*					How do I keep my optimum health through diet, exercise and sleep?					What are my rights and responsibilities?					Citizenship: Should the UK be called a democracy? Part 2								
	8	How do we make decisions about diet and exercise?	How can I help someone having an asthma attack?*					Body image in the digital world					Is there equality in the UK?					Citizenship: Should FPTP be scrapped?								

2	1	How can we maintain our physical health?	How can I deal with a head injury?*	What is cancer?	What do the UN do?	Citizenship: How do different countries govern themselves?
	2	What do energy drinks do to my body?	How can I deal with someone bleeding? *	Substance use, assessing risk and first aid	What rights do we have at work?	Citizenship: What do MPs do?
	3	Guild	Guild	Guild	Guild	Citizenship: What is the role of the media during election time?
	4	Guild	Guild	Guild	Guild	RSHE: Fertility and routes to parenthood
	5	Guild	Guild	Guild	Guild	RSHE: Pregnancy outcomes
	6	Guild	Guild	Guild	Guild	RSHE: Pregnancy choices
	7	Safeguarding	Safeguarding	Safeguarding	Safeguarding	RSHE: How can I deal with stress?

3	1	Where do the British come from?	How do rules and laws differ?					What is money?					RE-How does religion influence our lives?					RSHE: How can I manage disappointment?									
	2	What does it mean to be a British citizen?	Where do laws come from?					What is banking?					RE-How does religion influence our lives?					RSHE: How might my health affect my exam performance?									
	3	What is the rule of law?	Which crimes occur near me?					How do I budget?					RE-How does religion influence our lives?					Citizenship-Finance: What is phishing?									
	4	Why should we challenge discrimination?	How are people punished in the UK?					How do I save and borrow?					RE-How does religion influence our lives?					Citizenship-Finance: Loans & Mortgages									
	5	Can you have British values and hold beliefs that aren't Christian?	Who is involved in the legal process?					Why do I need insurance?					RE-How does religion influence our lives?					Citizenship-Finance: Do I really need insurance?									
	6	What do I know about Britain?	Are all courtrooms the same?					Could I be an entrepreneur?					RE-How does religion influence our lives?					Citizenship-Finance: What are pensions?									

4	1	How does puberty change my emotions?	What do you alread know about grooming?					How might the media influence the way I feel about my body?					RE-When does life begin?					Citizenship-Finance: How are taxes calculated? Part 1									
	2	Ewhat is mentrual wellbeing?	Why do people groom others?					What is consent?					RE-Controversies about abortion?					Citizenship-Finance: How are taxes calculated? Part 2									
	3	What is a healthy relationship?	What is County Lines?					How do condoms work?					RE-What is pro-life and pro-choice?					RSHE: How does good physical health support good mental wellbeing?									
	4	How do we manage conflict?	What is Child Sexual Exploitation?					How do people catch STIs?					RE-Should euthanasia be legal in the UK?					RSHE: What is ‘The importance of sleep’?									
	5	What is consent? (an introduction)	What is the 'Way Out'?					What methods of contraception are there?					RE-What are the alternatives to euthanasia?					RSHE: What is ‘The importance of diet’?									

5	1	Guild	Guild	Guild	Guild*	RSHE: Drugs recap
	2	Guild	Guild	Guild	Guild*	RSHE: Alcohol recap
	3	Guild	Guild	Guild	Guild*	RSHE: Smoking & Vaping recap
	4	Guild	Guild	Guild	Guild*	
	5	Safeguarding	Safeguarding	Safeguarding	Safeguarding*	
	6	What is the role of the Head of state?	What are the dangers of being online?	What is consent? (An introduction)	What are respectful relationship behaviours?*	

6	1	How does the British government work?	Catfishing: Who am I talking to?					What is the role of intimacy and pleasure?					Addressing relationship abuse**														
	2	What happens during a general Election?	What is digital wellbeing?					What is the impact of pornography?					What is consent?*														
	3	What is First Past the Post?	How does a good gamer behave online?					What is sexual orientation?					What happens when people share sexual images?*														
	4	Enterprise Week	Enterprise Week					Enterprise Week					Work Experience														
	5	How do I choose who to vote for?	How do I manage my online presence?					What is the difference between pleasure, persuasion and cohersion?					What is stalking and harrassment?*														
	6	Should everyone get to vote at 16?	How can screentime affect my health?					What is relationship abuse?					How do I manage relationship conflict and breakups?*														

* Students also receive CPR training from the Red Cross during the unit

* Students also receive finance education during term 5-on Fridays

**Students also receive drugs education during term 6-on Fridays

Safeguarding					Citizenship Education (Inc. Finance Ed.)					Health Education					RSHE: Relationships and Sex Education					Religious Education				
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