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	Year Group	Year 7

	Week Commencing	2nd September	9th September	16th September	23rd September	30th September	7th October	14th October	21st October
	Focus	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)		H-Health Ed (Healthy Eating & Physical Fitness)	H-Health Ed (Healthy Eating & Physical Fitness)	Safeguarding (1/3)
Autumn 1	Lesson Title	What makes a good friend?	How we we ,maintain genuine friendships and avoid toxic ones?	How can I resolve conflicts?	What is emotionally literacy?		What is the diffrence between a healthy and an unhealthy lifestyle?	How do we make decisions about diet and exercise?	
	Benchmark Task								Benchmarking Monday this week
	Personal Development	Student Welfare	Student Welfare	Student Welfare	Student Welfare		Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare
	Week Commencing	4th November	11th November	18th November	25th November	2nd December	9th December	16th December	
	Focus	H-Health Ed (Healthy Eating & Physical Fitness)	H-Health Ed (Healthy Eating & Physical Fitness)	FIRST GUILD-Week 1	FIRST GUILD-Week 2	FIRST GUILD-Week 3	FIRST GUILD-Week 4	Safeguarding (2/3)	
Autumn 2	Lesson Title	How can we maintain our physical health?	What do energy drinks do to my body?						
	Benchmark Task						Benchmarking Monday this week		
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Character Dev.	Character Dev.	Character Dev.	Character Dev.	Student Welfare	
	Week Commencing	6th January	13th January	20th January	27th January	3rd February	10th February		-
	Focus	British Values	British Values	British Values	British Values	British Values	British Values		
Spring 1	Lesson Title	Where do the British come from?	What does it mean to be a British citizen?	What is the 'Rule of Law'?	Why should we challenge discrimination?	Can you hold British Values and have beliefs that aren't Christian?	What do I know about Britain?		
	Benchmark Task					Benchmarking Monday this week			
	Personal Development	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship		
	Week Commencing	24th February	3rd March	10th March	17th March	24th March	31st April		
	Focus	Adolesence	Adolesence	Adolesence	Adolesence	Adolesence	Safeguarding (3/3)		
Spring 2	Lesson Title	How does puberty change my emotions?	What is mentrual wellbeing?	What is a healthy relationship?	How can we manage conflict?	What is consent? (An introduction)			
	Benchmark Task					Benchmarking Monday this week			
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare		
	Week Commencing	21st April	28th April	5th May	12th May	19th May		-	
	Focus	SECOND GUILD-Week 1	SECOND GUILD-Week 2	SECOND GUILD-Week 3	SECOND GUILD-Week 4	C-Community (Democracy & Elections)			
Summer 1	Lesson Title					What is the Head of State's role?			
	Benchmark Task								
	Personal Development	Character Dev.	Character Dev.	Character Dev.	Character Dev.	British Values: Democracy			
	Week Commencing	2nd June	9th June	16th June	23rd June	30th July	7th July	14th July	
	Focus	C-Community (Democracy & Elections)	C-Community (Democracy & Elections)	C-Community (Democracy & Elections)		C-Community (Democracy & Elections)	C-Community (Democracy & Elections)	Summer Fete	
Summer 2	Lesson Title	How does the British government work?	What happens during a general election	What is 'First Past the Post'?		How do I choose who to vote for?	Should everyone get to vote at 16?		



Benchmark Task		Benchmarking Monday this week			
Personal Development	British Values: Democracy	British Values: Democracy	British Values: Democracy	British Values: Democracy	British Values: Democracy

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	Week Commencing	2nd September	9th September	16th September	23rd September	30th September	7th October	14th October	21st October
	Focus	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)		H-Health Ed (Healthy Eating & Physical Fitness)	H-Health Ed (Healthy Eating & Physical Fitness)	Safeguarding (1/3)
Autumn 1	Lesson Title	What makes a good friend?	How we we ,maintain genuine friendships and avoid toxic ones?	How can I resolve conflicts?	What is emotionally literacy?		What is the diffrence between a healthy and an unhealthy lifestyle?	How do we make decisions about diet and exercise?	
	Benchmark Task								Benchmarking Monday this week
	Personal Development	Student Welfare	Student Welfare	Student Welfare	Student Welfare		Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare
	Week Commencing	4th November	11th November	18th November	25th November	2nd December	9th December	16th December	
	Focus	H-Health Ed (Healthy Eating & Physical Fitness)	H-Health Ed (Healthy Eating & Physical Fitness)	FIRST GUILD-Week 1	FIRST GUILD-Week 2	FIRST GUILD-Week 3	FIRST GUILD-Week 4	Safeguarding (2/3)	
Autumn 2	Lesson Title	How can we maintain our physical health?	What do energy drinks do to my body?						
	Benchmark Task						Benchmarking Monday this week		
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Character Dev.	Character Dev.	Character Dev.	Character Dev.	Student Welfare	
	Week Commencing	6th January	13th January	20th January	27th January	3rd February	10th February		-
	Focus	British Values	British Values	British Values	British Values	British Values	British Values		
Spring 1	Lesson Title	How do the rules of law differ?	Where do laws come from?	Which crimes occur near me?	How are people punished in the UK?	Who is involved in the legal process?	Are all courtrooms the same?		
	Benchmark Task					Benchmarking Monday this week			
	Personal Development	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship		
	Week Commencing	24th February	3rd March	10th March	17th March	24th March	31st April		
	Focus	Online Grooming: Snagged	Online Grooming: Snagged	Online Grooming: Snagged	Online Grooming: Snagged	Online Grooming: Snagged	Safeguarding (3/3)		
Spring 2	Lesson Title	What do you already know about grooming?	Why do people groom others?	What is County Lines?	What is Child Sexual Exploitation?	What is the way out?			
	Benchmark Task					Benchmarking Monday this week			
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare		
	Week Commencing	21st April	28th April	5th May	12th May	19th May		-	

	Focus	SECOND GUILD-Week 1	SECOND GUILD-Week 2	SECOND GUILD-Week 3	SECOND GUILD-Week 4	C-Community (Onlie Community)		
Summer 1	Lesson Title					What are the dangers of being online? (interactive video)		
	Benchmark Task							
	Personal Development	Character Dev.	Character Dev.	Character Dev.	Character Dev.	Student Welfare/RSHE		
	Week Commencing	2nd June	9th June	16th June	23rd June	30th July	7th July	14th July
	Focus	C-Community (Online Community)	C-Community (Online Community)	C-Community (Online Community)		C-Community (Online Community)	C-Community (Online Community)	
Summer 2	Lesson Title	Catfishing: Who am I talking to?	What is Digital Wellbeing?	How does a good gamer behave online?		How do I manage my online presence?	How can screentime affect my health?	
	Benchmark Task		Benchmarking Monday this week					Benchmarking Monday this week
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE		Student Welfare/RSHE	Student Welfare/RSHE	

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venture academy	Year Group	Year 9

	Week Commencing	2nd September	9th September	16th September	23rd September	30th September	7th October	14th October	21st October
	Focus	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)	C-Community (Friendships & Conflict Resolution)		H-Health Ed (Healthy Eating & Physical Fitness)	H-Health Ed (Healthy Eating & Physical Fitness)	Safeguarding (1/3)
Autumn 1	Lesson Title	What makes a good friend?	How we we ,maintain genuine friendships and avoid toxic ones?	How can I resolve conflicts?	What is emotionally literacy?		What is the diffrence between a healthy and an unhealthy lifestyle?	How do we make decisions about diet and exercise?	
	Benchmark Task								Benchmarking Monday this week
	Personal Development	Student Welfare	Student Welfare	Student Welfare	Student Welfare		Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare
	Week Commencing	4th November	11th November	18th November	25th November	2nd December	9th December	16th December	
	Focus	H-Health Ed (Healthy Eating & Physical Fitness)	H-Health Ed (Healthy Eating & Physical Fitness)	FIRST GUILD-Week 1	FIRST GUILD-Week 2	FIRST GUILD-Week 3	FIRST GUILD-Week 4	Safeguarding (2/3)	
Autumn 2	Lesson Title	How can we maintain our physical health?	What do energy drinks do to my body?						
	Benchmark Task						Benchmarking Monday this week		
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Character Dev.	Character Dev.	Character Dev.	Character Dev.	Student Welfare	
	Week Commencing	6th January	13th January	20th January	27th January	3rd February	10th February		•
	Focus	British Values	British Values	British Values	British Values	British Values	British Values		

Spring 1	Lesson Title	What is money?	What is banking?	How do I budget?	How do I save and borrow?	Why do I need insurance	Could I be an entrepeneur
	Benchmark Task					Benchmarking Monday this week	
	Personal Development	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship	Citizenship
	Week Commencing	24th February	3rd March	10th March	17th March	24th March	31st April
	Focus	RSE	RSE	RSE	RSE	RSE	Safeguarding (3/3)
Spring 2	Lesson Title	How might the media influence the way I feel about my body	What is consent?	How do condoms work?	How do people catch STIs?	What methods of contraception are there?	
	Benchmark Task					Benchmarking Monday this week	
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare
	Week Commencing	21st April	28th April	5th May	12th May	19th May	
	Focus	SECOND GUILD-Week 1	SECOND GUILD-Week 2	SECOND GUILD-Week 3	SECOND GUILD-Week 4	H-Health-CONSENT (RSE)	
Summer 1	Lesson Title					What is a healthy relationship? (Norfolk Safer Schools)	
	Benchmark Task						
	Personal Development	Character Dev.	Character Dev.	Character Dev.	Character Dev.	Student Welfare/RSHE	
	Week Commencing	2nd June	9th June	16th June	23rd June	30th July	7th July
	Focus	H-Health-CONSENT (RSE)	H-Health-CONSENT (RSE)	H-Health-CONSENT (RSE)		H-Health-CONSENT (RSE)	H-Health-CONSENT (RSE)
Summer 2	Lesson Title	What is the role of intimacy and pleasure	What is the impact of pornography?	What is sexual orientation?		What is the different between pleasure, persuasion and cohersion?	What is relationship abuse?
	Benchmark Task		Benchmarking Monday this week				
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE		Student Welfare/RSHE	Student Welfare/RSHE

	College	Year 10
ormiston	Faculty	CASH & Relgious Education
venture academy	Year Group	Year 10

		Week Commencing	2nd September	9th September	16th September	23rd September	30th September	7th October	14th October	21st October
		Focus	H-Health Ed (Mental Health & Wellbeing)	C-Community: Liberty, Human Rights & Protected Characteristics						
A	utumn 1	Lesson Title	What is resilience?	What are social pressures?	How can I manage my studies?	Recognising mental ill health	What are my rights and responsibilities?	Is there equality in the UK?	What do the UN do?	What human rights do we have at work?

14th July
Benchmarking Monday this week

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	Benchmark Task								Benchmarking Monday this w
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE	British Values:Respect/RSHE	British Values:Respect/RSHE	British Values:Respect/RSHE	British Values:Respect/RSH
Autumn 2	Week Commencing	4th November	11th November	18th November	25th November	2nd December	9th December	16th December	
	Focus	Safeguarding (1/3)	Safeguarding (2/3)	FIRST GUILD-Week 1	FIRST GUILD-Week 2	FIRST GUILD-Week 3	FIRST GUILD-Week 4		
	Lesson Title								
	Benchmark Task						Benchmarking Monday this week		
	Personal Development	Student Welfare	Student Welfare	Character Dev.	Character Dev.	Character Dev.	Character Dev.		
	Week Commencing	6th January	13th January	20th January	27th January	3rd February	10th February		
	Focus	RE: Religion in the 21st century - How does Religion influence our lives?	RE: Religion in the 21st century - How does Religion influence our lives?	RE: Religion in the 21st century - How does Religion influence our lives?	RE: Religion in the 21st century - How does Religion influence our lives?	RE: Religion in the 21st century - How does Religion influence our lives?	RE: Religion in the 21st century - How does Religion influence our lives?		
<b>a</b> .	Lesson Title	Religious picture of Gorleston	Attitudes towards same sex marriage	Freewill and stewardship	Views on terrorism	Religious dress	Islamophobia		
Spring 1	Extended Learning	Extended Learning Booklet - Religion in the 21st century - Task 1	Extended Learning Booklet - Religion in the 21st century - Task 2	Extended Learning Booklet - Religion in the 21st century - Task 3	Extended Learning Booklet - Religion in the 21st century - Task 4	Extended Learning Booklet - Religion in the 21st century - Task 5	Extended Learning Booklet - Wider Reading		
	Benchmark Task					Benchmarking Monday this week			
	Personal Development								
	Week Commencing	24th February	3rd March	10th March	17th March	24th March	31st April		
	Focus	RE: Medical ethics - Why are there ethical issues with Medicine?	RE: Medical ethics - Why are there ethical issues with Medicine?	RE: Medical ethics - Why are there ethical issues with Medicine?	RE: Medical ethics - Why are there ethical issues with Medicine?	RE: Medical ethics - Why are there ethical issues with Medicine?	RE: Medical ethics - Why are there ethical issues with Medicine?		
Spring	Lesson Title	When does life begin?	Controversies about abortion	Abortion - Pro-life and Pro-Choice	Euthanasia	Alternatives to euthanasia - hospices and palliative drugs	Fertility Treatment		
2	Extended Learning	Extended Learning Booklet - Medical ethics - Task 1	Extended Learning Booklet - Medical ethics - Task 2	Extended Learning Booklet - Medical ethics - Task 3	Extended Learning Booklet - Medical ethics - Task 4	Extended Learning Booklet - Medical ethics - Task 5	Extended Learning Booklet - Wider Reading		
	Benchmark Task					Benchmarking Monday this week			
	Personal Development								

	Week Commencing	21st April	28th April	5th May	12th May	19th May
	Focus	SECOND GUILD-Week 1	SECOND GUILD-Week 2	SECOND GUILD-Week 3	SECOND GUILD-Week 4	Safeguarding (3/3)
Summer 1	Lesson Title					
	Benchmark Task					
	Personal Development	Character Dev.	Character Dev.	Character Dev.	Character Dev.	Student Welfare

	Week Commencing	2nd June	9th June	16th June	23rd June	30th July	7th July	14th July
	Focus	H-Health-Healthy Relationships & Sexual Violence/Coersion	H-Health-Healthy Relationships & Sexual Violence/Coersion	H-Health-Healthy Relationships & Sexual Violence/Coersion		H-Health-Healthy Relationships & Sexual Violence/Coersion	H-Health-Healthy Relationships & Sexual Violence/Coersion	
Summer 2	Lesson Title	What are respectful relationship behaviours?	What is relationship abuse?	What is consent?		What is stalking and harrassment?	How do I manage relationship conflict and breakups?	
	Benchmark Task		Benchmarking Monday this week					Benchmarking Monday this week
	Personal Development	Student Welfare/RSHE	Student Welfare/RSHE	Student Welfare/RSHE		Student Welfare/RSHE	Student Welfare/RSHE	

ormiston	College	Year 11
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venture academy	Year Group	Year 11

	Week Commencing	2nd September	9th September	16th September	23rd September	30th September	7th October	14th October	21st October
	Bitesize CASH		Friendships & Relationships	Friendships & Relationships Democracy & Voting	Democracy & Voting	Democracy & Voting	Democracy & Voting	CASH Catch Up	
Autumn 1	Bitesize RE/Finance	RE: Peace and Conflict - How should we respond to war?	"RE: Peace and Conflict - How should we respond to war?	"RE: Peace and Conflict - How should we respond to war?	"RE: Peace and Conflict - How should we respond to war?	"RE: Peace and Conflict - How should we respond to war?	"RE: Peace and Conflict - How should we respond to war?	RE: Relationships - How do relationships impact our lives?	RE: Relationships - How do relationships impact our lives?
		Concepts of peace and justice	Reasons for war	Can war be justified?	Weapons of mass destruction	Is violence ever right?	Responses to war	Purpose of family	Purpose of marriage
	Personal Development								
	Week Commencing	4th November	11th November	18th November	25th November	2nd December	9th December	16th December	
	Bitesize CASH	Fertility & Pregnancy	Boosters	Boosters	Boosters	Fertility & Pregnancy	Fertility & Pregnancy	Mental Health	
Autumn 2	Bitesize RE/Finance	RE: Relationships - How do relationships impact our lives?	RE: Relationships - How do relationships impact our lives?	RE: Relationships - How do relationships impact our lives?	RE: Relationships - How do relationships impact our lives?	RE: Crime and Punishment - How should people be punished for crimes?	RE: Crime and Punishment - How should people be punished for crimes?	RE: Crime and Punishment - How should people be punished for crimes?	
		Contraception	Divorce	Gender equality	Gender equality	Reasons for committing crimes	Aims of punishments	Effectiveness of the prison system	
	Personal Development								
	Week Commencing	6th January	13th January	20th January	27th January	3rd February	10th February		
	Bitesize CASH	Boosters	Boosters	What is Phishing	Finance - Loans & Mortgages	Do I really need insurance	What are pensions		
Spring 1	Bitesize RE/Finance	RE: Crime and Punishment - How should people be punished for crimes?	RE: Crime and Punishment - How should people be punished for crimes?	RE: Human Rights - What are our rights and responsibilities in society?	RE: Human Rights - What are our rights and responsibilities in society?	RE: Human Rights - What are our rights and responsibilities in society?	RE: Human Rights - What are our rights and responsibilities in society?		
		Christian belief about punishment	Justification of the death penalty	What are human rights and responsibilities?	Prejudice and discrimination	Wealth distribution	Exploitation of the poor		
	Personal Development								
	Week Commencing	24th February	3rd March	10th March	17th March	24th March	31st April		
	Bitesize CASH	How are Taxes Calculated Part 1	How are Taxes Calculated Part 2	How does good phyical health support good mental wellbeing	What is the importance of sleep	What is the importance of Diet			

Spring 2	Bitesize RE/Finance	RE: Human Rights - What are our rights and responsibilities in society? Responsibility to help the poor					
	Personal Development						
	Week Commencing	21st April	28th April	5th May	12th May	19th May	
	Bitesize CASH	Drugs Recap	Alcohol Recap	Smoking & Vaping Recap	Exams	Exams	
Summer 1	Bitesize RE/Finance						
	Personal Development						
	Week Commencing	2nd June	9th June	16th June	23rd June	30th July	7th July
	Bitesize CASH	Exams	Exams	Exams	Exams	Exams	Exams
Summer 2	Bitesize RE/Finance						
	Personal Development						

